



---

# BUILD SELF CONFIDENCE

---

B O N U S

EAS!QUE

## TIP #1

# Develop a Confident Voice

How you speak determines how people respond to you.

You can dress well and have the best opening lines, but you won't get far without a strong voice.

Your voice should have a **dominant vocal tonality**, not submissive.

### 1. Speak Louder

You don't have to sound like a screaming douchebag. But, you have to be loud enough, so that people hear you what you're saying.

Here's the deal, most people have been in that situation when you said something, and the other person said - "*huh?*", or "*what did you say?*".

This is a sign of low confidence.

Sometimes you think you're loud enough, but you're not.

### 2. Speak Slower

People think that rushing and speaking fast will keep the listener's attention and will make them appear more important.

The reality is opposite.

Take your time to speak. Enunciate your words clearly and fully.

### 3. Take Your Pause

Don't rush to respond. A confident man is not afraid to give himself an extra second or two to process.

Pause not only at the end of sentences, but in the middle as well.

## TIP #2

# Don't "Just Be Yourself"

Internet is full of this crappy advice - "Just Be Yourself"

Honestly, this is a baseless advice, probably the worst you will ever come across.

Why?

Because being yourself makes you complacent.

It makes you feel like there is no need to make any further improvements in your life.

The truth is that if you want to improve and make a difference, then you have to get out of your comfort zone.

Work hard.

Instead of just waiting for a fairy princess to sprinkle magic on your life, you need to go out, take charge and be pro-active.

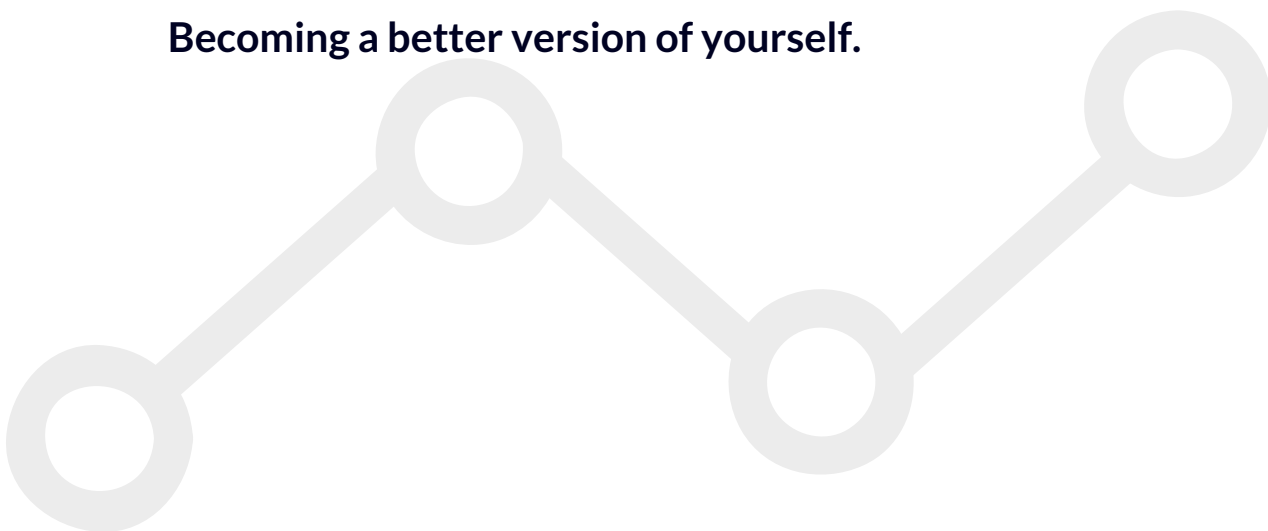
Create the life you want.

Learn from your mistakes and use them to grow yourself.

Stop procrastinating and put in the required effort to get the life you want.

The better alternative would be:

**Becoming a better version of yourself.**



# Now, What Next?

1

Send us an email to our email address [hi@easique.com](mailto:hi@easique.com) to let us know what you think of this book.

2

Follow us on [Instagram](#) where we share inspirational quotes and interesting stuff for you to become a better person.

3

Pat yourself on the back. You just read something awesome :)

Read the full post here:  
[easique.com/build-self-confidence/](https://easique.com/build-self-confidence/)

Visit **EAS!QUE**.com for more.